

BREAST CANCER FACT SHEET

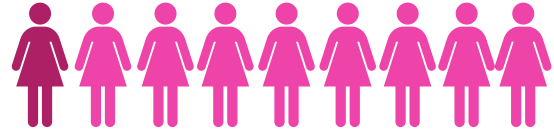


In South Africa

Breast Cancer is the 2nd leading cancer in women
One in 36 women in SA will develop breast cancer

Early breast cancer can be asymptomatic. Pain or discomfort is not usually a symptom. Diagnosis is mostly on a mammogram, before a palpable lump.

That's why you need early detection, and regular mammogram.



Signs & Symptoms

- Change in breast size and shape
- Skin dimpling / skin changes
- Nipple inversion
- Nipple discharge
- Nipple abnormalities
- Axillary lumps

Diagnoses

- Triple Assessment -
Breast Examination by Doctor
Mammogram/Sonar
Biopsy of lump

Management/ Treatment

- Surgery
- Radiation
- Chemotherapy
- Hormone Therapy

Early Detection



Risk Factors

- Increased age | Female Sex |
Family history of breast cancer | Nulliparity |
Late age at first pregnancy | Early Menstruation
Late Age Menopause |
Prolonged or increased exposure to
sex hormones (i.e. The Pill) |
Lifestyle factors:
smoking, alcohol use, and obesity.